



## The Forum - A La Carte

### Soups

Wun Tun Dumpling	£4.80
Chicken & Sweetcorn	£4.30
Crabstick & Sweetcorn	£4.30
Shredded Duck & Vegetables	£4.50
Hot & Sour Peking Style	£4.50
Chicken & Noodle	£4.30

### Appetisers

Forum Special Combination <i>Spring Roll, Prawn Toast, Samosa, Seaweed, Wun Tun, Honey Rib</i>	£8.00 <i>per person</i>
Aromatic Crispy Duck <i>Served with Pancakes, Hoi Sin Sauce, &amp; Salad</i>	£26.00 <i>half</i> £14.00 <i>quarter</i>
Deep Fried Battered Squid	£8.70
Butterfly King Prawns	£8.20
Smoked Chicken Strips	£7.90
Fried Chicken Wings (Salt & Pepper, Peking, Szechuan)	£7.30
Sesame Prawn on Toast	£6.80
Gyoza Dumplings	£6.20
Steamed Dim Sum Dumplings	£6.50
Deep Fried Crab Claws	£6.00
Deep Fried Crispy Wun Tun	£5.90
Cantonese Spring Rolls/ Vegetarian Spring Rolls	£5.80
Deep Fried Samosas	£5.80
Crispy Seaweed	£5.20
Prawn Crackers	£3.80







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### Ribs & Skewers

Spare Ribs in Honey Sauce	£8.90	Spare Ribs in Szechuan Sauce	£8.90
Salt & Peppered Ribs	£8.90	Skewered King Prawn <i>with Satay Sauce</i>	£7.80
Spare Ribs in BBQ Sauce	£8.90	Peking Sauce Ribs	£8.90
Skewered Mix <i>with Satay Sauce</i>	£7.80	Skewered Chicken <i>with Satay Sauce</i>	£7.20

### Salt & Pepper

Salt & Pepper Squid	£8.70	Salt & Pepper King Prawns	£8.90
Salt & Pepper Chicken Wings	£7.30	Salt & Pepper Beef Strips	£7.80
Salt & Pepper Mix	£9.80	Salt & Pepper Shredded Duck	£8.90
Salt & Pepper Chicken Strips	£7.30	Salt & Pepper Tofu	£7.20
Salt & Pepper Chicken Balls	£7.30	Salt & Pepper Chips	£8.70

### The Forum Specialities

Seafood Special: Fried Scallops, King Prawns, & Squid

<i>with Ginger &amp; Spring Onions</i>	£18.50
<i>with Peppers in Black Bean Sauce</i>	£18.50

Sliced Roast Duck:

<i>Orange/Lemon/Sweet Plum Sauce/Sweet Soy Sauce</i>	£12.80
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Crispy Beef in Spicy Szechuan or Sweet Peking Sauce	£11.70
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Crispy Chicken in Spicy Szechuan or Sweet Peking Sauce	£11.70
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Soft Battered Chicken Balls in Teriyaki Honey Glaze	£11.00
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Deep Fried Chicken with Lemon or Plum Sauce	£10.50
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Deep Fried Chicken Balls served with Sweet & Sour Sauce	£10.50
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Stir Fry Silvershoots	£10.50
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*(Pan Fried Beansprouts with Duck, Chicken, & Pork)*

Soft Battered Tofu in Teriyaki Honey Glaze	£8.70
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### 1. Choose from the selection below:

Fillet Steak <i>(Served on Sizzling Plate)</i>	£18.00
Special Mixed Meat	£12.80
King Prawns	£12.80
Sliced Duck	£12.80
Chicken	£10.50
Beef	£10.50
Char Sui (Chinese Roast Pork)	£10.50
Mixed Vegetables & Tofu	£8.70

### 2. Cooked with the Vegetables or Sauce of your choice:

Chinese or Red Thai Curry  
Sweet & Sour (Mix, King Prawns, Chicken, Pork)  
Black Pepper Sauce  
Broccoli in Oyster Sauce  
Cantonese Style with Onions  
Cashew Nuts  
Mixed Peppers & Black Bean Sauce  
Egg Fu Yung  
Ginger & Spring Onions  
Kung Po in Light Chilli Sauce  
Spicy Satay  
Mix Vegetables in Oyster Sauce  
Szechuan Sauce  
Fried Mushrooms in Oyster Sauce  
Sweet Pineapple  
Bamboo Shoots & Straw Mushrooms







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### Vegetarian Dishes

Vegetarian Combo Starter £7.00  
(Veg Rolls, Veg Samosa, Veg Wun Tun, Seaweed, Skewer Mushrooms)

Veg Spring Rolls / Samosa	£5.80
Vegetable Wun Tuns	£5.50
Salt & Pepper Tofu	£8.70
Fried Tofu in Teriyaki Honey Glaze	£8.70

Assorted Mixed Vegetables with Tofu Stir-Fried in the Sauce of your Choice

Black Bean Sauce	£8.50	Oyster Sauce	£8.50
Black Pepper Sauce	£8.50	Spicy Satay Sauce	£8.50
Kung Po Light Chilli Sauce	£8.50	Sweet & Sour Sauce	£8.50
Chinese or Red Thai Curry Sauce	£8.50	Szechuan Chilli Sauce	£8.50

### Side Dishes

Chips	£3.50
Fried Mushrooms	£5.50
Beansprouts	£5.50
Mix Vegetables	£5.50
Bambooshoots & Waterchestnuts	£5.50
Barbecue Sauce	£2.80
Cantonese Sauce	£2.80
Chinese or Red Thai Curry Sauce	£2.80
Satay Sauce	£2.80
Sweet & Sour Sauce	£2.80
Szechuan Sauce	£2.80







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### Chow Mein, Stir-Fry Noodles, Udon, & Vermicelli

Fillet Steak	£18.00	Special Mix	£13.50
King Prawns	£13.50	Sliced Duck	£13.50
Chicken	£12.50	Singapore Style	£12.50
Beef	£12.50	Shrimps	£12.50
Char Sui	£12.50	Mixed Vegetables	£9.90
Soft Fry Noodles	£5.50	Soft Fry Vermicelli	£5.50

### Rice Dishes

King Prawns	£11.50
Special Mix	£9.50
Duck & Pork	£9.50
Singapore Style <i>(Spicy with Pork &amp; Shrimps)</i>	£9.00
Chicken	£9.00
Beef	£9.00
Roast Pork	£9.00
Yang Chow (Pork & Shrimps)	£9.00
Mushroom	£7.00
Mix Vegetables	£7.00
Egg Fried Rice	<i>Small</i> £3.80 <i>Large</i> £4.80
Boiled Rice	<i>Small</i> £3.20 <i>Large</i> £4.20





# Banquets

## Banquet A

Minimum for 2 persons  
£23 per head

Chicken & Sweetcorn Soup

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### Mini Combo

*Spring Rolls, Seaweed,  
Prawn Toast, Honey Ribs*

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Choose 2 meals from  
our main menu\*  
& 2 sides from Fried Rice,  
Boiled Rice, Noodles, Chips

## Banquet B

Minimum for 2 persons  
£25 per head

Chicken & Sweetcorn Soup

### Aromatic Crispy Duck

*Served with Pancakes,  
Hoi Sin Sauce and Salad*

Choose 2 meals from  
our main menu\*  
& 2 sides from Fried Rice,  
Boiled Rice, Noodles, Chips

## Banquet C

Minimum for 2 persons  
£28 per head

### Special Combination

*Spring Rolls, Prawn Toast,  
Skewered Satay Chicken,  
Seaweed, Honey Ribs*

### Aromatic Crispy Duck

*Served with Pancakes,  
Hoi Sin Sauce and Salad*

Choose 2 meals from  
our main menu\*  
& 2 sides from Fried Rice,  
Boiled Rice, Noodles, Chips

\* Fillet Steak and Seafood Special are available for a surcharge of £4.50 each

Food Allergy and Intolerances: Some of our dishes may contain allergens.  
Please ask to speak to the manager about the ingredients in our dishes before placing your order.