

Bringing you the finest in Oriental Cuisine

With many years of experience in the catering trade, our aim is to provide a high quality service in the world of Chinese cuisine. On every visit you can be sure of a high level of service, the freshest food prepared, generous meal portions and excellent presentation. With a wide range of dishes ranging from the traditional to the more modern taste, our menu aims to deliver with fresh preparation, distinctive taste and healthy eating.

SOUPS

Wun Tun (Prawn & Pork Dumplings)	£4.70
Hot & Sour (Peking Style).....	£4.50
Chicken with Sweetcorn	£4.00
Chicken with Noodles	£4.00
Crab Stick & Sweetcorn Soup.....	£4.00

STARTERS

Aromatic Crispy Duck	Half £20.50
(Served with Pancakes, Spring Onions & Hoi Sin Sauce).....	Quarter £12.50

Forum Special Combination	Per Person £7.00
(Spring Roll, Prawn Toast, Samosa, Seaweed, Wun Tun, Honey Rib)	

Deep Fried Squid (Lightly Battered, Served with Sweet & Sour Sauce)	£7.20
Smoked Chicken Strips	£7.20
Butterfly King Prawns (6)	£6.50
Steamed Dim Sum Sui Mai (Prawn & Pork Dumplings)	£6.00
Steamed Har Gow (Prawn & Vegetables Dumplings)	£6.00
Sesame Prawn on Toast (4)	£5.50
Deep Fried Crab Claws (5)	£5.50
Gyoza Dumplings (5) (Meat OR Vegetables)	£4.80
Deep Fried Samosa (4) (Meat OR Vegetables).....	£4.80
Crispy Seaweed	£4.80
Cantonese Spring Rolls (4) (Meat OR Vegetables)	£4.80
Deep Fried Crispy Wun Tun (5) (Meat OR Vegetables)	£4.70
Prawn Crackers	£2.80

SALT & PEPPER

Salt & Pepper Mix (Ribs, Chicken, Pork, Chips & Wing)	£7.50
Salt & Pepper Squid.....	£7.50
Salt & Pepper King Prawns (7)	£7.50
Salt & Pepper Shredded Duck	£7.50
Salt & Pepper Shredded Chicken.....	£7.00
Salt & Pepper Shredded Beef	£7.00
Salt & Pepper Pork (With Soft Battered)	£7.00
Salt & Pepper Chicken (With Soft Battered).....	£7.00
Salt & Pepper Chicken Wings.....	£7.00
Salt & Pepper Chips.....	£5.00
Salt & Pepper Chicken Balls	£7.50

RIBS, SKEWERS & WINGS

Spare Ribs with Honey Sauce.....	£7.50
Peking Sauce Spare Ribs.....	£7.50
Salt & Pepper Spare Ribs	£7.50
Spare Ribs in Barbecue Sauce.....	£7.50
Szechuan Sauce Spare Ribs	£7.50
Sweet & Sour Sauce Spare Ribs.....	£7.50
Skewered Mix Served with Satay Sauce	£7.50
(King Prawns, Chicken, Beef)	

Skewered King Prawns served with Satay Sauce	£7.50
Skewered Chicken served with Satay Sauce	£7.20
Salt & Pepper Chicken Wings.....	£6.80
Peking Sauce Chicken Wings	£6.80
Szechuan Sauce Chicken Wings.....	£6.80

Food Allergies And Intolerances

Some of our dishes contain CELERY, CEREALS CONTAINING GLUTEN, CRUSTACEANS, EGG, FISH, LUPIN, MILK, MOLLUSCS, MUSTARD, NUTS, PEANUTS, SESAME SEEDS, SOYA, SULPHUR DIOXIDE which some people may have a reaction to. Please inform our staff before ordering if you suffer from any food allergies. We will do our best to advise you.

Chef's Recommendations

Seafood Special (Scallops, King Prawns, & Squids):	
Ginger & Spring Onions OR Mixed Peppers in Black Bean Sauce ...	£9.80
Crispy Shredded Beef:	
Spicy Szechuan OR Sweet Peking OR Teriyaki Sauce.....	£7.50
Crispy Shredded Chicken:	
Spicy Szechuan OR Sweet Peking OR Teriyaki Sauce.....	£7.50
Roast Duck:	
Plum OR Lemon OR Orange OR Sweet Soy Sauce	£8.20
Deep Fried Chicken:	
Plum OR Lemon OR Orange Sauce	£7.50
Soft Battered Chicken in Teriyaki Honey Glaze	£7.50
Pan Fried Sliver Shoots:	
Beansprouts with Duck, Chicken & Pork.....	£7.30

CHINESE CURRY & RED THAI CURRY

Special Mix.....	£8.10
King Prawn	£8.10
Sliced Duck	£8.10
Chicken	£7.20
Beef	£7.20
Pork	£7.20
Mixed Vegetables with Tofu	£6.80

SWEET & SOUR DISHES

Special Mix.....	£8.10
King Prawn	£8.10
Crispy Battered Chicken Balls (Served with Sweet & Sour Sauce)	£7.40
Chicken	£7.20
Pork	£7.20
Mixed Vegetables with Tofu.....	£6.80

Traditional Dishes

Choose from:

Fillet Steak	£12.00
Mixed Meat	£7.90
King Prawn	£7.90
Sliced Duck	£7.90
Chicken	£7.20
Beef	£7.20
Pork	£7.20
Vegan Duck	£7.90
Vegan Chicken.....	£7.20

Cooked with Vegetable or Sauce:

- Bamboo Shoots & Water Chestnuts
- Beansprouts in Oyster Sauce
- Black Pepper Sauce
- Broccoli in Oyster Sauce
- Cantonese Style with Onions
- Cashew Nuts (+50p)
- Foo Yong
- Ginger & Spring Onions
- Kung Po in Light Chilli Sauce
- Mixed Peppers & Black Bean Sauce
- Mixed Vegetables in Oyster Sauce
- Spicy Satay Sauce
- Sweet Pineapples
- Szechuan Sauce

CHOW MEIN/ STIR-FRY NOODLES/ UDON/ VERMICELLI DISHES

Fillet Steak	£12.00
Special Mix	£8.50
King Prawn	£8.50
Sliced Duck	£8.50
Chicken	£7.60
Pork	£7.60
Beef	£7.60
Singapore (Spicy)	£7.60
Mixed Vegetables	£7.10
Mushroom	£7.10
Soft Fry Noodles	£5.40
Soft Fry Vermicelli	£5.40

RICE DISHES

Special	£8.00
Roast Duck & Pork	£8.00
King Prawn	£8.00
Singapore (Spicy)	£7.50
Beef	£7.00
Shrimp	£7.00
Chicken	£7.00
Yung Chow (Pork & Shrimps)	£7.00
Roast Pork	£7.00
Mushroom	£6.10
Mixed Vegetable	£6.10
Egg Fried Rice	Small £3.80 £4.50
Boiled Rice	Small £3.50 £4.20



MUNCH BOX

Large Salt & Pepper Mix,
Spring Roll, Samosa,
Fried Rice & Curry Sauce

Only £14.00

VEGETARIAN & TOFU DISHES

Vegetarian Combo Starter	£5.40
(Veg Roll, Samosa, Wun Tun, Seaweed, & Deep Fried Tofu)	
Plain Sweetcorn Soup	£3.70
Vegetarian Hot & Sour Soup	£3.70
Crispy Vegetables Wun Ton (5)	£4.50
Vegetarian Spring Rolls (4)	£4.80
Vegetarian Samosa (4)	£4.80
Vegetarian Gyoza	£4.80
Mixed Vegetables Foo Yung	£6.60
Mixed Vegetables with Tofu & Cashew Nuts	£7.00
Mixed Vegetables with Tofu in Black Bean Sauce	£6.60
Mixed Vegetables with Tofu in Sweet Thai Sauce	£6.60
Mixed Vegetables with Tofu in Szechuan Sauce	£6.60
Mixed Vegetables with Tofu in Satay Sauce	£6.60
Mixed Vegetables with Tofu in Sweet & Sour Sauce	£6.60
Mixed Vegetables with Tofu in Chinese Curry	£6.60
Mixed Vegetables with Tofu in Red Thai Curry	£6.60
Soft Battered Tofu	£6.80
Teriyaki OR Black Bean OR Szechuan OR Kung Po OR Sweet & Sour OR Satay Sauce	
Salt & Pepper Tofu	£6.80

SIDE DISHES

Bamboo Shoots & Water Chestnuts	£5.80
Fried Beansprouts	£5.50
Fried Mixed Vegetables	£5.50
Fried Mushrooms	£5.00
Banana Fritters	£4.40
Pineapple Fritters	£4.40
Mixed Fritters	£4.50
Portion of Chips	£3.50
Sweet & Sour Sauce	£3.20
Red Thai Curry Sauce	£3.20
Curry Sauce	£3.20
BBQ Sauce	£3.20
Satay Sauce	£3.20
Sweet & Sour Sauce	£3.20
Cantonese Sauce	£3.20
Can of Pop (Coca-Cola, Coke Zero, Rio, Tango Orange)	£1.50

Set Meals

Meal A For 2 Persons £34.00

Mini Combo

Spring Rolls, Samosa, Prawn Toast, Honey Ribs

Choose Any 2 Main Meals from

Chicken, Beef, Pork, King Prawns OR Duck Dishes from meals in red box

Choose any 2 from

Egg Fried Rice, Boiled Rice, Fried Soft Noodles, Chips

Meal B For 3 Persons £51.00

Special Combo

Spring Rolls, Prawn Toast, Salt & Pepper Chicken Wings, Honey Ribs

Choose Any 3 Main Meals from

Chicken, Beef, Pork, King Prawns OR Duck Dishes from meals in red box

Choose any 3 from

Egg Fried Rice, Boiled Rice, Fried Soft Noodles, Chips

Meal C For 4 Persons £65.00

Deluxe Combination

Spring Rolls, Seaweed, Crispy Wun Tun, Samosas, Prawn Toast, Honey Ribs

Choose Any 4 Main Meals from

Chicken, Beef, Pork, King Prawns OR Duck Dishes from meals in red box

Choose any 4 from

Egg Fried Rice, Boiled Rice, Fried Soft Noodles, Chips

Any changes are welcome but may incur a surcharge. Please ask.

Please note Fillet Steak Dishes are excluded.

King Prawn Dishes and Duck Dishes are restricted to one meal per Set in all Set Meals

The Forum

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DELIVERY SERVICE

Delivery Charge £2.50 within 3 Miles Radius,
Minimum Order £15.00

OPENING HOURS

Tuesday - Saturday 5:00pm - 10:00pm
Sunday 5:00pm - 9:30pm
Monday Closed

